



Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street
Washington, D.C. 20204

April 27, 2001

Notification of Statements
Of Nutritional Support

This notification is filed pursuant to section 403 (r) (6) of the federal Food, Drug and Cosmetic ACT (FDC Act), 21 U.S.C. ss 343 (r) (6). Please see attachment for a listing of dietary supplements and corresponding statements of nutritional support.

These statements are being accompanied by the required disclaimer pursuant to Section 403 (r) (6)(C) of the act.

Statements of nutritional support are based on data that render these statements substantiated, truthful and non-misleading.

Two copies of this letter and it's attachments are enclosed.

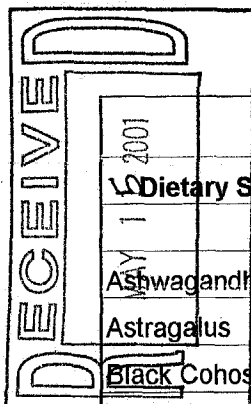
Sincerely,

Kim Weisner

Kim Weisner
Oregon's Wild Harvest

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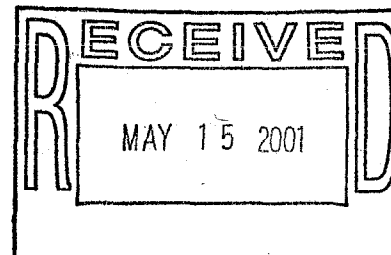
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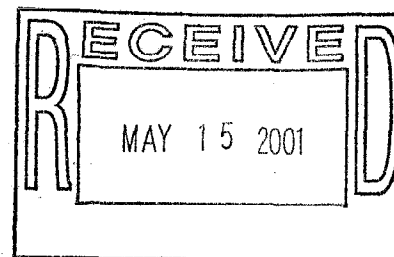
Single Capsules

Dietary Supplement	Brand Name	Statement of Nutritional Support
Ashwagandha	Oregon's Wild Harvest	Supports Ability to Adapt to Stress
Astragalus	Oregon's Wild Harvest	Long Term Immune Support
Black Cohosh	Oregon's Wild Harvest	Menopausal and Perimenopausal Support
Cascara Sagrada	Oregon's Wild Harvest	Supports Bowel Function
Cayenne Pepper	Oregon's Wild Harvest	Circulatory System Support
Dong Quai	Oregon's Wild Harvest	Support for the Healthy Female
Echinacea	Oregon's Wild Harvest	Immune System Support
Eleuthero	Oregon's Wild Harvest	Support for Vitality
Freeze-dried Nettle	Oregon's Wild Harvest	Support During Allergen Exposure
Garlic	Oregon's Wild Harvest	Support for Cardiovascular Health
Ginger	Oregon's Wild Harvest	For Prevention of Nausea Associated with Motion
Ginkgo	Oregon's Wild Harvest	Support for Mental Clarity
Goldenseal	Oregon's Wild Harvest	Support for Mucous Membranes Including Sinus
Hawthorn	Oregon's Wild Harvest	Heart Support
Kava	Oregon's Wild Harvest	Supports Feeling of Relaxation
Saw Palmetto	Oregon's Wild Harvest	Prostate Support
St. John's Wort	Oregon's Wild Harvest	Mood Support
Valerian	Oregon's Wild Harvest	For Relief of Occasional Sleeplessness

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Dietary Supplement	Brand Name	Statement of Nutritional Support
	<i>Oregon's Wild Harvest</i>	
Astragalus/Reishi Mushroom	Astragalus/Reishi	Supports Ability to Adapt to Stress
Bromelain, Vitamin C	Bromeflex	Joint and Connective Tissue Support
Hawthorn, Dandelion	Cardio-Flo	Heart Support
Dong Quai/Wild Yam	Dong Quai/Wild Yam	Supports Healthy Female Cycles
Echinacea/Goldenseal	Echinacea/Goldenseal	Support for Sinus and Immune System
Ech/Goldenseal/C	Ech/Goldenseal/C	Support for Sinus and Immune System
Echinacea/C/Zinc	Echinacea/C/Zinc	Immune System Support
Siberian Ginseng, Astragalus	Energy Formula	Stamina Support
Ginseng Supreme	Ginseng Supreme	Support for Vitality
Horse Chestnut, Ginkgo	Horse Chestnut	Support for Leg Veins
Ma Huang, Marshmallow	Lung Support	
Black Cohosh, Chastetree Berry	Menopause Formula	
Milk Thistle	Milk Thistle	Liver Support
Milk Thistle/Dandelion	Milk Thistle/Dandelion	Liver Support
Hops, Kava, Valerian	Muscle Relax	Promotes Relaxation
Saw Palmetto/Pygeum	Saw Palmetto/Pygeum	Prostate Support
St. John's Wort/Kava	St. John's Wort/Kava	Supports Feelings of Relaxation
Valerian/Hops	Valerian/Hops	For Relief of Occasional Sleeplessness
Dong Quai, Alfalfa	PMS	Relieves Symptoms Associated with PMS



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